
INSTRUCTIONS FOR PATIENTS WHO ARE TO RECEIVE ORAL SEDATION OR DEEP ANESTHESIA FOR DENTAL TREATMENT

It is important for your safety/your child's safety that you follow these instructions carefully.

EATING AND DRINKING

To avoid vomiting and complications during treatment, **DO NOT** eat/drink any food or drink (even water) eight hours before the procedure unless directed by Dr. Hope.

The following schedule should be followed::

1. No milk or solid food after midnight before the scheduled procedure.
2. Children ages 0-3 years, *clear* liquids 4 hours before the procedure.
3. Children ages 3-6 years, *clear liquids* 6 hours before the procedure.
4. Children/patients ages 7 years and older, *clear* liquids 8 hours before the procedure.

CHANGE IN HEALTH

Any change in health, especially the development of a cold or fever, within 7 days before the day of treatment is very important. For your safety, a new appointment may be made for another day. Please inform our office of any change in health before your appointment.

ARRIVING

A responsible adult must accompany the patient to the dental office and must remain until treatment is completed.

MEDICATIONS

Please take only those medications that you take routinely, such as seizure medications or prophylactic antibiotics, and those prescribed by the doctor/pediatrician. **DO NOT** take any other medicines or herbs before or after treatment without checking with this office.

ACTIVITIES

DO NOT plan or permit activities immediately after treatment. Allow for rest. Closely supervise any activity for the remainder of the day (if child is a patient).

GETTING HOME

The patient must be accompanied by a responsible adult. Someone should be available to drive the patient home. The child should be carefully watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation. **DO NOT** use a bus.

DRINKING/EATING AFTER TREATMENT

After treatment the first drink should be water. Clear drinks can be given: preferably pedelyte or coconut water, clear fruit juice, unsweetened apple juice, white grape juice. Small drinks taken repeatedly are preferable to taking large amounts. Soft food, not too hot, may be taken when desired.

TEMPERATURE

Temperature may be elevated to 101 F(38 C) for the first 24 hours after treatment. Panadol or children's Panadol(if child patient) every 4 hours and fluids will help alleviate this condition.

ANAESTHIA

Numbness may last for 1-2 hours. Watch child for the next two hours until the numbness wears off to make sure he/she does not bite lips or tongue.

SEEK ADVICE

1. If vomiting persist beyond 4 hours.
2. If the temperature remains elevated beyond 24 hours or goes above 101 F (38C).
3. If there is any difficulty breathing.
4. If any other mater causes you concern.

PLEASE CALL THE FOLLOWING NUMBER IF YOU HAVE ANY PROBLEMS RELATING TO YOUR CHILD'S TREATMENT.

TELEPHONE: (246) 436-8425/After hours (246) 252-1770